

# Bard College



2007-2008

To: Visiting Athletic Teams / Athletic Trainers/Coaches

From: Bard College Sports Medicine

On behalf of the Bard College Department of Athletics, I would like to welcome you to the Bard Athletic Facilities. The following is a list of contact and event coverage information you may find useful:

## Personnel:

Head Athletic Trainer:	Josh Chason ATC, CSCS	845-758-7694	<a href="mailto:chason@bard.edu">chason@bard.edu</a>
Team Physician:	Dr. Angela Cavanna, DO	845-758-7433	
Athletic Director:	Kristen Hall	845-758-7528	<a href="mailto:hall@bard.edu">hall@bard.edu</a>

## Facilities:

Stevenson Gymnasium Athletic Training Room: Lower Level Stevenson Gymnasium  
Northern Dutchess Hospital: 6511 Springbrook Ave.  
Rhinebeck, NY 12572  
845-876-3001

## Coverage and Supplies:

### Pre- and Post-Event Coverage

- Athletic Trainer will be available 1 ½ hours prior to event start time in the training room.
- Athletic Trainer will be available for ½ hour post-event.

### Sideline Supplies – All Sports

- An adequate amount of water at each event (e.g., 5-10 gallon coolers that can be refilled).
- An adequate number of sanitized water bottles and/or disposable cups will be provided for each team.
- At least one cooler with ice bags for each team.
- Readily available emergency equipment (e.g., crutches, splints, tape, AED) on site.

### Extra Support as Required

- If a team arrives without a kit or adequate supplies, the home team will provide the necessary supplies for your team.

### Therapeutic Modalities For Visiting Athletic Teams

- Treatments will be limited to the use of ice and moist heat.

*Whirlpools, Ultrasound, or Electrical Stimulation will NOT be available to visiting teams.*

Please contact me in advance if you have any questions or concerns.

Thank you,

Josh Chason ATC, CSCS  
Head Athletic Trainer